



T.E.N.S. Treatment Guide

Diagnosis	Suggested Programs
<i>Spinal</i>	
Neck Pain	Mod 1, Cont 2
Thoracic Pain	Mod 3, Cont 1
Low Back Pain	Mod 3, Burst 3
SI Joint Pain	Mod 1, Burst 2
Radiculopathy	Cont 1, Mod 2
DDD, DJD	Mod 2, Burst 3
Herniated Disc (HNP)	Cont 2, Mod 3
<i>Upper Extremity</i>	
Shoulder Pain	Mod 2, Cont 1
Elbow Pain	Cont 2, Mod 1
Wrist and Hand Pain	Cont 1, Mod 2
<i>Lower Extremity</i>	
Hip Pain	Mod 2, Cont 3
Knee Pain	Mod 1, Cont 1
Ankle Pain	Mod 2, Cont 2
Foot Pain	Mod 1, Cont 3
<i>General</i>	
Arthritis	Mod 1, Cont 2
Bursitis	Mod 2, Cont 1
Fibromyalgia	Cont 1, Mod 1
Migraines/Headaches	Cont 2, Mod 2
Post-op Pain	Cont 1, Mod 1
Reflex Sympathetic Dystrophy (RSD)	Cont 2, Mod 2
Sprains and Strains	Cont 1, Mod 2
Tendonitis	Cont 3, Mod 3

Suggested Treatment Time: 30-60 minute sessions as needed.

Call 1-866-668-7041 for a free clinician consultation.