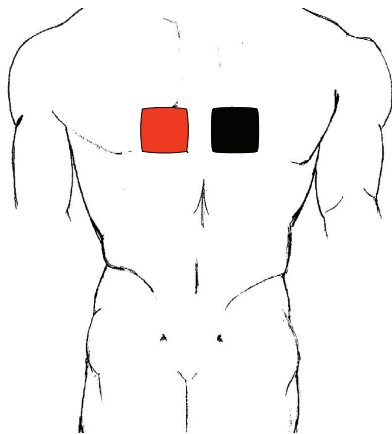


**Thoracic Spine Pain**

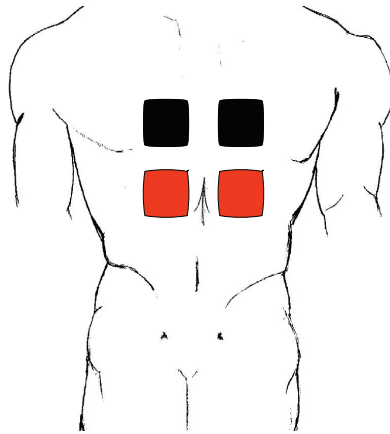
Thoracic Spine Pain can be caused by many things such as disc degeneration, surgery, overuse syndromes, or a traumatic injury. TENS is an effective means for relieving some of the pain associated with this disease. Other modalities such as cold, heat, ultrasound, etc. can also help decrease symptoms of pain and paresthesias.

Suggested Electrode Placements**2-pad placement**

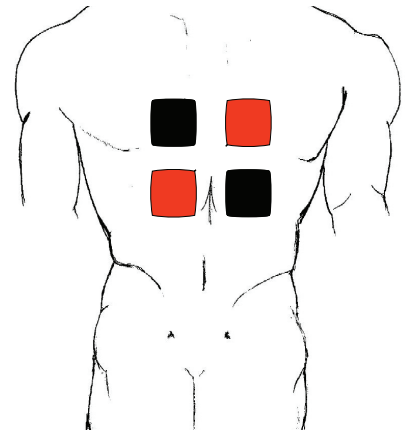
Place electrode pads over bilateral thoracic spine

**4-pad placement**

Place electrode pads across thoracic spine

**4-pad criss-cross pattern**

Place electrodes across thoracic spine

**Suggested Treatment Parameters**

Mode: Modulated

Pulse rate: 100-120 Hz

Pulse width/duration: 50-150 μ s

Amplitude: Low to moderate level stimulation

Treatment Time: Throughout the day as needed

Mode: Continuous

Pulse rate: 80-100 Hz

Pulse width/duration: 50-100 μ s

Amplitude: Low to moderate level stimulation

Treatment Time: Throughout the day as needed

