



Reflex Sympathetic Dystrophy (RSD)

Reflex Sympathetic Dystrophy (RSD) is a chronic neurological syndrome characterized by severe burning pain, pathological changes in bone and skin, excessive sweating, tissue swelling, and extreme sensitivity to touch. TENS is widely used to help patients relieve the chronic pain associated with this disease.

Suggested Electrode Placements

- 2-pad placement of electrode pads over area of pain**
- 4-pad Parallel placement of electrode pads over area of pain**
- 4-pad Criss-cross pattern placement of electrodes over area of pain**

Suggested Treatment Parameters

Mode: Continuous

Pulse rate: 100-120 Hz

Pulse width/duration: 50-80 μ s

Amplitude: Low to moderate level stimulation

Treatment Time: Throughout the day as needed

Mode: Modulated

Pulse rate: 100-120 Hz

Pulse width/duration: 25-100 μ s

Amplitude: Low to moderate level stimulation

Treatment Time: Throughout the day as needed

