



Mastectomy

Patients that have undergone a Mastectomy often experience pain following their surgery. TENS is an effective means for relieving some of the pain associated with this disease. Burst TENS can assist in the reduction of any resultant edema as well.

Suggested Electrode Placements

2-pad placement of electrode pads over anterior chest of affected side OR 1 pad over chest and 1 pad placed on the upper bicipital area

4-pad placement of electrode pads with 2 pads over the anterior chest of affected side and 2 pads placed around the upper bicipital area

Suggested Treatment Parameters

Mode: Modulated

Pulse rate: 100-120 Hz

Pulse width/duration: 50-150 μ s

Amplitude: Low to moderate level stimulation

Treatment Time: Throughout the day as needed

Mode: Burst

Pulse rate: 2 Bursts/sec

Pulse width/duration: 180-200 μ s

Amplitude: Low to moderate level stimulation

Treatment Time: Throughout the day as needed

