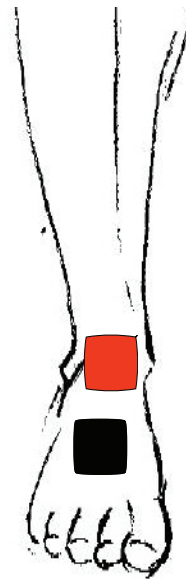


**Foot Pain**

**Foot Pain can result from sports injuries, overuse, trauma or repetitive injury. TENS can be used to decrease pain and increase functional mobility.**

**Suggested Electrode Placement****2-pad placement**

**Place electrode pads over involved area of the foot**

**Suggested Treatment Parameters**

**Mode: Modulated**

**Pulse rate: 100-120 Hz**

**Pulse width/duration: 50-150  $\mu$ s**

**Amplitude: Low to moderate level stimulation**

**Treatment Time: Throughout the day as needed**

**Mode: Continuous**

**Pulse rate: 80-100 Hz**

**Pulse width/duration: 50-100  $\mu$ s**

**Amplitude: Low to moderate level stimulation**

**Treatment Time: Throughout the day as needed**

