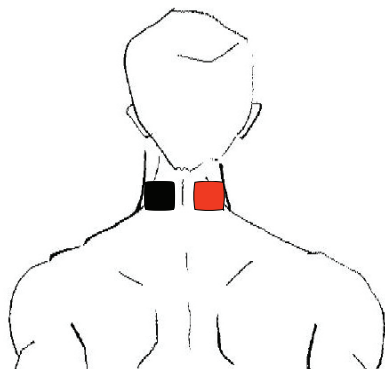
**Cervical Spondylosis**

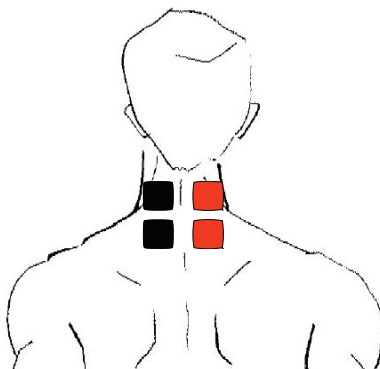
Cervical Spondylosis is a common degenerative condition of the cervical spine that most likely is caused by age-related changes in the intervertebral disks. Clinically, several syndromes, both overlapping and distinct, are seen: neck and shoulder pain, suboccipital pain and headache, and radicular symptoms. As disk degeneration occurs, mechanical stresses can result in osteophyte formation along the ventral aspect of the spinal canal. Since this condition is usually treated conservatively, TENS is a common modality used to decrease pain and increase functional mobility.

Suggested Electrode Placements**2-pad placement**

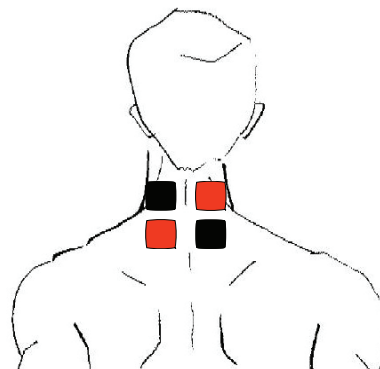
Place electrode pads over bilateral cervical spine &/or upper trapezius

**4-pad placement**

Place electrode pads across cervical spine &/or upper trapezius

**4-pad criss-cross pattern**

Place electrode pads across cervical spine &/or upper trapezius

**Suggested Treatment Parameters****Mode: Modulated****Pulse rate: 100-120 Hz****Pulse width/duration: 50-150 μ s****Amplitude: Low to moderate level stimulation****Treatment Time: Throughout the day as needed****Mode: Continuous****Pulse rate: 80-100 Hz****Pulse width/duration: 50-100 μ s****Amplitude: Low to moderate level stimulation****Treatment Time: Throughout the day as needed**