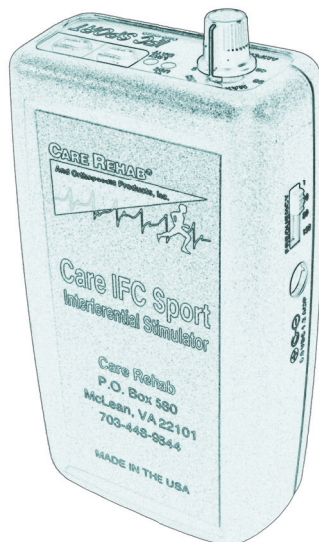
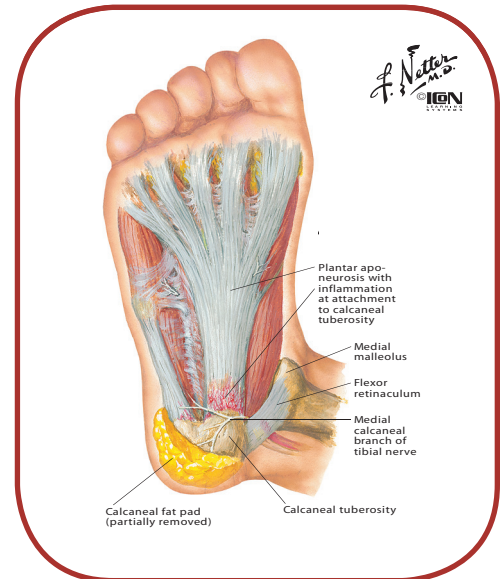
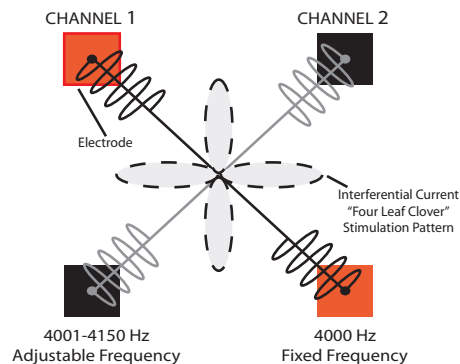
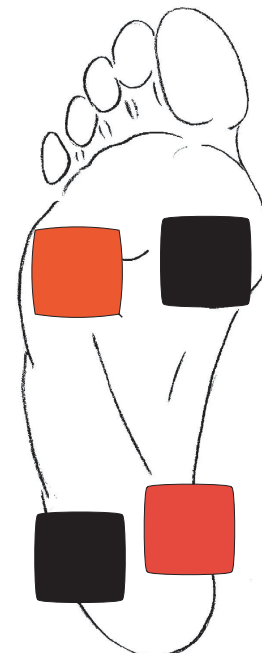
**Plantar Fasciitis**

Plantar fasciitis (or heel pain) is commonly traced to an inflammation on the bottom of the foot. The plantar fascia is a ligament structure that supports the longitudinal arch of the foot. It is a tough, fibrous band of connective tissue that runs from the heel bone to the ball of the foot.

**Interferential Quadrupolar Diagram****Suggested Electrode Placement****Suggested Treatment Parameters****First Half of Treatment:**

- Beat Frequency: 150 Hz
- Amplitude: Strong but Comfortable (sensory level stimulation)
- Treatment Time: 20 minutes

Second Half of Treatment:

- Beat Frequency: 20 Hz
- Amplitude: Maximal Comfort Level (sensory to mild motor level stimulation)
- Treatment Time: 20 minutes

Sessions per day: 1-3