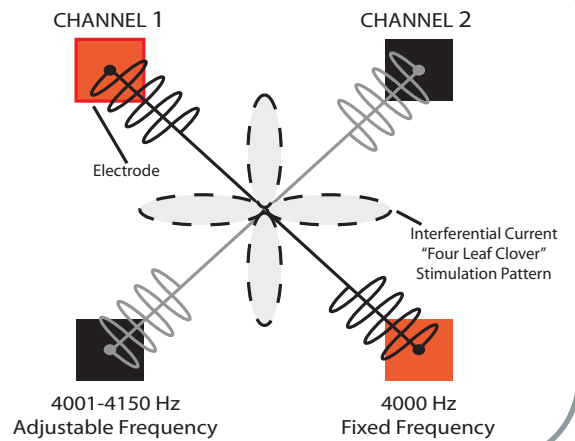


Ankle Pain

Quadripolar placement of the electrodes so the current crosses through the area of pain. Patient should feel the stimulation over the painful region.



Interferential Quadripolar Diagram



Suggested Treatment Parameters

First Half of Treatment:

- Beat Frequency: 150 Hz
- Amplitude: Strong but Comfortable (sensory level stimulation)
- Treatment Time: 20 minutes

Second Half of Treatment:

- Beat Frequency: 20 Hz
- Amplitude: Maximal Comfort Level (sensory to mild motor level stimulation)
- Treatment Time: 20 minutes

Sessions per day: 1-3

Suggested Electrode Placement

